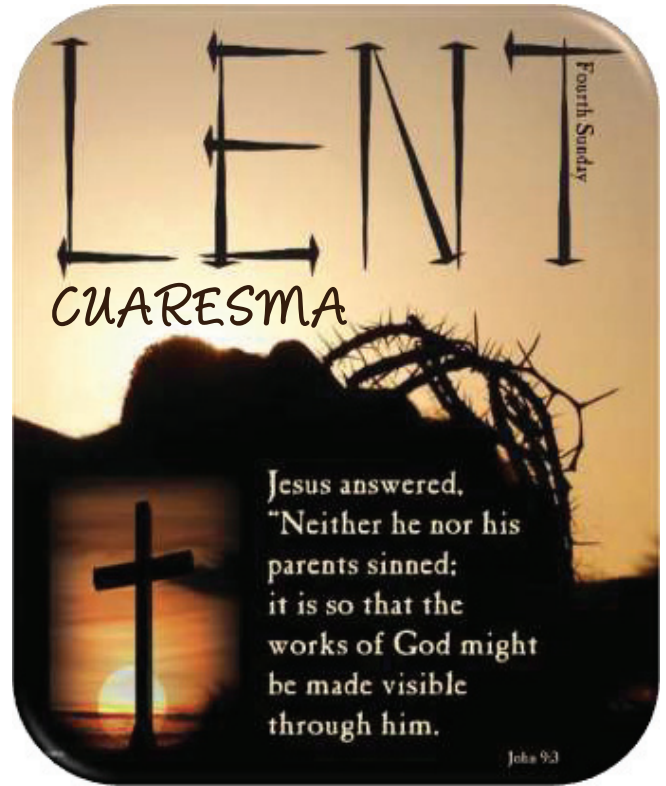


OUR LADY HELP OF CHRISTIANS

Allentown, Pennsylvania | Roman Catholic Parish Community



WELCOME TO OUR PARISH

SERVED BY

Rev. Richard Brensinger (Fr. Rich) – *Administrator*
Ed Hudak – *Financial Secretary*
Elaine Mitchell – *Bulletin/Parish Secretary*
Rosanne Venditto – *Organist*
Dina Boyer, Carolyn Johnson &
& Lorraine Lockawich – *Cantors*
Kathleen Godshall – *Director of Religious Education*

RECTORY OFFICE HOURS

M-W 9AM-4PM | Mask is required.

PARISH PASTORAL COUNCIL

Fr. Rich Brensinger, Karen Adams, Vanessa
Heimbach, Carla Ortiz, Richard Raffensperger,
Dan Schmidt, Rosanne Venditto

PARISH FINANCIAL COUNCIL

Fr. Rich Brensinger, Ed Hudak, Jack Bolash, Sheila
Breitfeld, Dan Schmidt, Rosanne Venditto

MASSES (IN THE CHURCH)

Monday - Friday: 8AM
Saturday - No Masses at this time.
Sunday - 9AM and 11AM

HOLY DAYS AND ADORATION

Evening Before: 7PM | Day of: 9AM
No Adoration at this time.

VICTIMS ASSISTANCE COORDINATOR

Wendy Krisak, M.A., NCC, LPC
1-800-791-9209 (Direct Line)

SAFE ENVIRONMENT COORDINATOR

Pamela Russo, MSW, MS
prusso@allentowndiocese.org
610-871-5200, Ext 2204

There is a link to the Charter for the Protection of
Children and Young People on the Diocese website at
www.allentowndiocese.org under "Youth Protection."



JOIN US ON FACEBOOK:

WWW.FACEBOOK.COM/OLHCALLENTOWN



SACRAMENTAL AND PARISH INFORMATION



PARISH MEMBERSHIP

In order to receive any Sacraments, you must be a REGISTERED PARISHIONER. Yellow census forms should be filled out as soon as possible to be considered an active member. Please contact us with any changes so our records can be kept current. *If you are over 18 and not in college, you should register under your own name.*

SACRAMENT OF MATRIMONY

The process of preparation for the Sacrament of Matrimony within the Church takes at least six months so we encourage you to begin this process as soon as you become engaged. No marriage dates will be taken over the phone. Parents of those to be married cannot reserve a date for their adult children.

SACRAMENT TO THE HOMEBOUND

First Friday Communion calls are done the first week of the month. Please call the Rectory for arrangements.

SACRAMENT OF PENANCE

At this time, Confession is by appointment only. Please call or email the Rectory for an appointment.

SACRAMENT OF BAPTISM BAPTISM SPONSORS

Parents and Godparents will need to attend a class before the child's Baptism. An Information Form needs to be filled out by the parent and a Declaration Form filled out by the Godparents. Godparents must be at least 16 years of age, need to be an active, registered parishioners of OLHC or will need a letter of good standing from their current Parish. *Anyone requesting a Baptism for their child must be actively attending Church for at least three (3) months.*

SPONSORSHIP CERTIFICATE OF ELIGIBILITY

Only Catholics who are fully-initiated, regularly attending Mass and, if married, done so validly in the Roman Catholic Church will receive Certificate of Eligibility. Just call the Rectory. *You must be actively attending Church for at least (3) months.*

AMAZON SMILES AND VENMO

Please look for us as *Our Lady Help of Christians Church* (make sure it says "Allentown, PA") and set us as your charity under smile.amazon.com. For Venmo (online payment), we are OlhcAllentown-Church, four digits 1870.

LEGACY

Gifts provided through wills and personal trusts can make such a difference in the continued operation of our Parish. These gifts enable a donor to make contributions that may not have been possible during their lifetime. If you value the continuity as well as the mission of OLHC, please consider this. Thank you!



Easter flower Honors and Memoriums will be printed in the bulletin on Easter. Submit your envelope by March 27th in order for your remembrance to be printed, as the Easter Bulletin gets printed early. Thank you for helping the altar look beautiful!

FOURTH SUNDAY OF LENT – RICE BOWL

TRYING NEW FOODS IN TIMOR-LESTE Timor-Leste has the highest rate of child malnutrition in Asia, and many children suffer from stunting, which makes a big impact on a child's growth and future. Home gardens and fishponds are helping families provide better nutrition for their children. What do you eat to stay healthy? What can you do to ensure children have enough food to thrive? Visit csrricebowl.org to learn more.

NEXT WEEK'S COLLECTION (3/21) IS FOR BUILDING FUND. THIS IS AN IMPORTANT COLLECTION FOR US.

If you have an allegation of abuse against a bishop, please contact the Catholic Bishop Abuse Reporting Service at www.ReportBishopAbuse.org or call 800-276-1562. Si tiene una denuncia de abuso contra un obispo, comuníquese con el Servicio de Denuncias de Abuso de Obispos Católicos en www.ReportBishopAbuse.org o llamando al 800-276-1562.



YOUR STEWARDSHIP HELPS SUSTAIN US!

Sunday Offerings: \$3,978

Rice Bowl: \$741

Thank you for your continued support.



WINNERS

Vicky Kistler	Louise Strobl
Connor Smalley	Karen Wolfe
Dan Frederick	Matthew Bauer
Georgiann Hunsicker	Ann Yost
Rosanne Grow	Patty Lambert (and cats)
Jean Smolick	Denise Simon
Donna Boodhansigh	Barbara Oravec
Anna Crokus	Kathy Hyrowich

Our net profit is \$3,525 from this fundraiser...many thanks to all who participated!!! Your next opportunity to win will be during our Summer Sizzler drawing.

Two of our Winter Warm-up winners each won \$150 -- maybe next time it will be you!!!!

What does it mean to be an "Active, Practicing Catholic"? You might be surprised!

As early as the fourth century, the Church instructed our members of what is referred to as *The Five Precepts of the Church* which are contained in the *Catechism of the Catholic Church* (CCC 2041–2043). These tenets describe the minimum effort we must make in prayer and in living a moral life. All Catholics are called to move beyond the minimum by growing in love of God and love of neighbor. The Five Precepts are as follows:

- 1. Regular Attendance** at Mass on Sundays and Holy Days of Obligation (virtually is okay, during the pandemic). Often called the *Sunday Obligation*, this is the way in which Catholics fulfill the Third Commandment: "Remember, keep holy the Sabbath day." We participate in the Mass, and we refrain from any work that distracts us from a proper celebration of Christ's Resurrection.
- 2. Confession** of serious sin at least once a year. Strictly speaking, we only need to take part in the Sacrament of Confession if we have committed a mortal sin, but the Church urges us to make frequent use of the sacrament and, at a minimum, to receive it once each year in preparation for fulfilling our Easter Duty. What is a Mortal Sin? Any serious sin (usually against the 10 Commandments) that is given reflection and committed.
- 3. Reception** of Holy Communion at least once a year during the Easter season. Today, most Catholics receive the Eucharist at every Mass they attend, but it wasn't always so. Since the Sacrament of Holy Communion binds us to Christ and to our fellow Christians, the Church requires us to receive it at least once each year, sometime between Palm Sunday and Trinity Sunday.
- 4. Observance** of the days of fast and abstinence. Fasting and abstinence, along with prayer and almsgiving, are powerful tools in developing our spiritual life. Today, the Church requires Catholics to fast only on Ash Wednesday and Good Friday, and to abstain from meat on the Fridays during Lent. On all other Fridays of the year, we should still perform some other penance in place of abstinence.
- 5. Providing** for the needs of the Church. The Catechism notes that this "means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability." In other words, we don't necessarily have to tithe (give ten percent of our income), if we can't afford it; but we should also be willing to give more if we can. Our support of the Church can also be through donations of our time, and the point of both is not simply to maintain the Church but to spread the Gospel and bring others into the Church, the Body of Christ.

LENTEN CONFESSION STARTS TODAY!

CONFESSIONS AT OLHC

Sundays

March 14, 21, 28
12PM to 1PM

Tuesdays

March 16, 23, 30
6PM to 7PM

Fridays

March 19 and 26
5PM to 6PM

Saturdays

March 20 and 27
9AM to 10AM



Reading I: 2 Chronicles 36: 14-16, 19-23

The story of a collapsed Judah follows divine judgment. The chief evil of ignoring the prophets brings about a 70 year long exile of the Israelites in Babylon. The unexpected decree of Cyrus king of Persia brings about a happy outcome.

Reading II: Ephesians 2: 4-10

God's great love for the world is most evident when He sends His only Son into the world as His greatest gift.

The Gospel: John 3: 14-21

The Father's love for the world is manifest in His Son Jesus. Jesus in turn tells His pupil Nicodemus that when "the Son of Man is lifted up" (on the cross) it will be a similar but much more powerful healing than that of the serpent lifted up in the desert.

GOD BLESS YOU ON YOUR BIRTHDAY!

3/14	Madeline Ganser, Anna Maria Lonardo, Ronnie Heimback
3/17	Catherine Urban
3/18	Karen Adams, Henry Litsch
3/21	Aaron Yocum

PLEASE PRAY FOR OUR DECEASED SOULS WHO PASSED AWAY IN MARCH

3/3 – Florence Hein ('20)	3/18 – Margaret Petri ('12), Bernadette Stein ('12), Charles Liko ('15)
3/5 – Richard Bartynski, Jr. ('93)	3/19 – Pauline Rizzotto ('12), Pauline Konrath ('13)
3/6 – Stephen Marth ('09), Joseph Konrath ('14)	3/20 – Bernice Pritchard ('05), Angelo Giancarlo ('17)
3/7 – John Quier, Sr. ('98)	3/21 – Benjamin Couto ('93), Eileen Brooks ('13), Edward Kline ('14), Henry Zeppenfelt ('19)
3/12 – Donald Williamson ('98)	3/22 – Edwin Mailander, Sr. ('00)
3/13 – Ann Marie McInerney ('11), Mary Robertson ('15)	3/24 – Anna Sciarra ('08), Barbara McLaughlin ('11), John Wask ('17)
3/14 – Lena Brader ('95)	3/26 – Steven Novogoratz, ('84), Edward Bertoldi ('13), Edward Strisovsky ('15)
3/15 – Michael Stibrany ('03), Agnes Baumgartner ('05), Elizabeth Schmidt ('11)	3/31 – Vittorio Lonardo ('96), Antoinette Fitzpatrick ('03), Dorothy Martin ('04)
3/16 – Michael Busa ('08), Irene Vietri ('12)	

GIFT CARDS – WE STILL NEED 'EM!

Please send us any of your unused gift cards so we can use them in future fundraising activities. Gift cards will be recorded into your parish record as a tax write-off!

PMASS INTENTIONS

MARCH SUNDAY

FOURTH SUNDAY OF LENT

14

†9AM – Mark Wirth
R/B Bob & June Wirth

†11AM – Frank Reisinger
R/B Ruth Reisinger

MONDAY

15

♦8AM – Intentions of Sister Margaret
R/B SBM

TUESDAY

16

♦8AM – Mass for the People of the Parish

WEDNESDAY

17

†8AM – Betty Henry
R/B Bernadette Potetz

THURSDAY

18

♦8AM – Kenneth Stein
R/B Isabel Stein

FRIDAY

ST. JOSEPH, SPOUSE OF THE BMV

19

†8AM – Anthony & Rose Venditto
R/B Rosanne Venditto

6PM – Stations of the Cross



SATURDAY

20

No Masses

SUNDAY

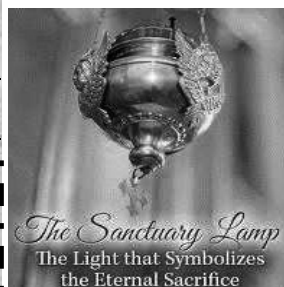
FIFTH SUNDAY OF LENT

21

†9AM – Janet Garger
R/B Mike Garger

†11AM – Margaret Yenca
R/B Barbara & Paul Yost

Birthdays * Support ♦ Anniversaries ♥ Memorials †



MARCH 14TH – MARCH 20TH

The Candle Burns in Loving Memory of:

Tom Lonardo

Requested by Family

ENTRANCE – FROM ASHES TO THE LIVING FONT

Verse 1: From ashes to the living font Your Church must journey, Lord, Baptized in grace, in grace renewed by your most Holy word.

Verse 2: The Son of Man is lifted up, the cross becomes our sign:
You are God's own beloved Son, the source of life divine.

INTRODUCTORY RITE | PENITENTIAL RITE | ABSOLUTION | THE READINGS

READING 1

RESPONSORIAL PSALM:

Let my tongue be silenced, if I ever forget you!

READING 2

GOSPEL

HOMILY | PROFESSION OF FAITH – NICENE CREED | PRAYERS OF THE FAITHFUL

OFFERTORY – WE ACCLAIM THE CROSS OF JESUS

(DON'T FORGET TO TURN IN YOUR ENVELOPES!)

Verse 1: We acclaim the cross of Jesus as we see it raised on high. We proclaim the sacred standard; on its wood he came to die. We acknowledge Christ, the Victim; Sin's debt he did satisfy.

Verse 2: Hail, O wood that brought us ransom when God's Son came down to earth: Instrument of death and passion, source of life and our rebirth. Hail, ___ O ___ source of glory, wooden, yet of such great worth.

INVITATION TO PRAYER | EUCCHARISTIC PRAYER | THE PREFACE DIALOGUE | LORD'S PRAYER

COMMUNION – THROUGH THE CROSS OF CHRIST

(Pandemic Healing Through the Stations)

Refrain: Through the Cross of Christ, we will find our way.
Through the Cross of Christ, there will be a brighter day.

Verse 1: Lord, You had a heavy burden. Simon helped you on the way.
Thanks to all who help the many ill. Hear our prayers for them this day.

Verse 2: Lord, You carry Your cross and you fall three times. But, Your courage keeps you strong. Give us faith and give us hope As these days are very long.

Verse 3: Mary, you were always there at the side of Jesus.
Be with us in these trying times. We know your faith will lead us.

COMMUNION | CONCLUDING RITES | PRAYER OF ST. MICHAEL

RECESSIONAL – O SACRED HEAD, SURROUNDED

Verse 1: O sacred head, surrounded by crown of piercing thorn! O bleeding head, so wounded, reviled and put to scorn! Our sins have marred the glory of your most holy face, Yet angel hosts adore you, and tremble as they gaze.

Verse 2: Señor, tu has soportado Lo que yo mereci; La culpa que has cargado, Cargarla yo debi. Mas mirame, confio En tu cruz y pasion. Otorgame, Dios mio, La gracia del perdon.

908 HANOVER AVENUE
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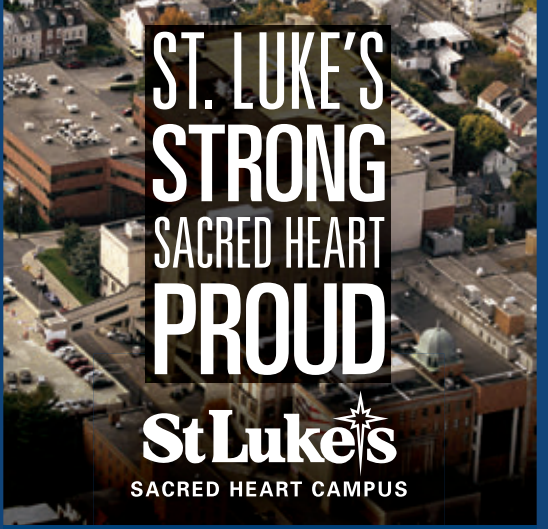
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 Message and data rates may apply.

What's My Name?
The #WHATSMYNAME
Movement asks everyone to
simply ask drivers "What's my
name?" before entering their
vehicle to make sure it is the car
they are supposed to enter.
#WHATSMYNAME
**In Remembrance of
Samantha Josephson**

The Lehigh Valley's Only Catholic Hospital

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